

# Ability Wheelz Cycling Centre



**ABILITY  
WHEELZ**  
Cycling Centre.

operated by  
**POINT**

## ABOUT US

Based in the beautiful surroundings of Alexandra Park, Ability Wheelz provides a wide range of adapted and universal cycles for hire.

The whole family can enjoy exercise in a community setting, with fully adapted cycles available to meet the needs of children, young people and adults with additional needs, disabilities or health needs.

## WHAT WE OFFER

Our location gives you clean green space where you can not only enjoy exercise and activity, but where our person-centred offer enables service users to access a range of events, peer support opportunities and the chance to learn new skills.

We now offer 'Learn to Ride' cycling lessons, so that children, young people, and adults with, or without, additional needs can learn to ride a bike and enjoy the independence and health benefits this can bring.

- A safe environment in which to learn.
- A range of standard and adapted cycles to meet your individual needs.
- Personalised lesson plans to meet individual learning needs.
- Trained, professional and patient staff to support your learning journey.
- Progress book to track your learning.

## HOW TO ACCESS

**Cycle hire:** no need to book just come along during our opening hours.

**Learn to ride:** to book a session please contact us.

**We are open:**

**Tuesday** 10:00am to 3:00pm

**Wednesday** 10:00am to 3:00pm (April to October 10am to 6:30pm)

**Friday** 10:00am to 3:00pm

**Sunday** 11:00am to 3:00pm

If you would like to know more about the service, you can visit our website or get in touch with us.

Ability Wheelz Cycling Centre, Alexandra Park, Kings Road, Oldham, OL8 2BN



[point-send.co.uk/abilitywheelz](http://point-send.co.uk/abilitywheelz)



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